



DYSFUNCTIONAL PERSON – Parent or spouse. Can be a “workaholic,” mentally or physically disabled, alcoholic.

SUPER HERO - Usually the oldest child. Taught by the **ENABLER** to “care take.” Role in family – to bring pride/honor.

ENABLER - Usually the spouse of the **DYSFUNCTIONAL PERSON**.

BABY or CLOWN – This person’s role is to divert the tension.

LOST CHILD - Lost in something other than family dynamics: books, music, pet, or may literally leave. Withdraws from family.

SPACEGOAT - takes focus off the real problem.

*****SUPER HEROS** grow up and marry a **SCAPE GOAT** (& vice versa.) One of them may then become the **ENABLER** & the other the **DYSFUNCTIONAL PERSON**.

DYSFUNCTIONAL FAMILY RULES:

1. Don’t talk.
2. Don’t trust.
3. Don’t feel.

These rules keep people locked into their role.